

Activity: Planning a Trip

Overview:

Students plan for an outdoor activity.

Associated Objectives:

- ☐ Students will become familiar with basic safety and dress guidelines for outdoor activities.
- ☐ Students will be introduced to basic guidelines to follow in case of an emergency.

Time:

One 30 – 60 minute session

Materials:

Writing materials

Directions:

Plan for a real or imaginary outdoor excursion. Refer to “Have a Plan!” in the **Outdoor Recreation Basics** section of the *Background Information*. Have students discuss the following:

1. What activity(ies) will you be doing? (*e.g., hiking, fishing, camping*)
2. Where will you go? (*state park, private area – get permission!, other*) What is the site like? What facilities does it have?
3. How long will you be gone?
4. What supplies will you need? Include safety and emergency items. Be sure to consider where you will be going, what you will be doing, and the season/weather.
5. Who will you share your plan/route with?
6. Other considerations?

Have students work individually or in groups to develop a plan, then have them share their plans. Discuss any items/considerations they omitted. How would this impact their trip? Would it make their experience less enjoyable? Unsafe? Based on your discussions, develop a basic plan outline to use for planning future trips.

Evaluation:

Students will develop a plan outline for outdoor activities that includes considerations for safety, comfort, and enjoyment of participants.

Extension:

Use the plan outline to plan additional trips. Score plans by assigning points for including appropriate items. Deduct points for omitting items or including unnecessary ones. Use the plan to go on an outdoor excursion.